



Northeast Orthopedics, Inc.

Orthopedic Surgery and Sports Medicine

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SPECIAL INSTRUCTIONS

Anticoagulation

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Before Surgery

The following medications should be discontinued at least 8 days prior to surgery:

Aspirin or Aspirin related products i.e. Bayer, Ecotrin, Excedrin

NSAIDS:	Naproxen (Aleve) Ibuprofen (Advil) (Motrin) Meloxicam (Mobic) Nabumetone (Relafen) Diclofenac (Voltaren)	Anticoagulants:	Warfarin (Coumadin) Heparin Lovenox
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COX-2 Inhibitors:	Celecoxib (Celebrex)	Antiplatelets:	Clopidogrel (Plavix)
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If you are taking any of the above medications for a pre-existing medical condition, please consult your Primary Care Physician prior to discontinuing any medication.

After Surgery

After a routine knee diagnostic arthroscopy “knee scope” or Anterior Cruciate Ligament “ACL” reconstruction, please take a preventative Aspirin (325 mg) daily for 2 weeks following the surgery. This is to decrease the risk of a blood clot in the leg, otherwise known as a “DVT”. You should start taking the Aspirin the first day after surgery.

If you have any pre-existing medical conditions, please consult your Primary Care Physician before starting any medication.

Thank you in advance for your cooperation. If you have any questions or concerns, please do not hesitate to contact our office at 614-839-2300.